

Study Guide #7 (Leader's Guide): K-group Bible Study for Week of October 29, 2017

Title of the Lesson: Scripture Memory and Meditation

Psalm 1 provides us with a wonderful lesson on the benefits and blessings that come when God's people delight in and meditate on God's word!

Psalm 1 (NIV)

¹ Blessed is the one

who does not walk in step with the wicked

or stand in the way that sinners take

or sit in the company of mockers,

² but whose delight is in the law of the LORD,

and who meditates on his law day and night.

³ That person is like a tree planted by streams of water,

which yields its fruit in season

and whose leaf does not wither—

whatever they do prospers.

⁴ Not so the wicked!

They are like chaff

that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment,

nor sinners in the assembly of the righteous.

⁶ For the LORD watches over the way of the righteous,

but the way of the wicked leads to destruction.

- Remind your group that one of the discipleship skills that we want to develop this year is the ability to verbalize scripture to people with whom we will have the opportunity to minister. So we will continue to ask one of you to tell the bible story from memory.
- So, let's give our undivided attention to _____ as he/she verbalizes tonight's bible study passage.

Questions

- Now, let's open our bibles to Psalm 1. Let's review the scripture and look for details that need to be emphasized and remembered.
- After clarifying what the bible says, ask what resonated with you the most?"
- The text is contrasting the "wicked" with those who "delight in God's law." How is the writer describing the wicked? Do we see this description being lived out in today's culture? If so, how?
- What does it mean to "delight" in the law of the Lord?
- What does it mean to "meditate" on God's word?
- According to this Psalm, how does God's word bless his faithful people?
- Can you think of other biblical stories or scripture passages that highlight the importance of God's word and the blessing that it provides to our lives? If so, take a few minutes to "surf" the scriptures and look at these passages (hint: we studied one such passage last week).
- Take a moment and let the group share testimonies about Christians they know (or have read about) whose lives and ministries were characterized by "delighting in God's word" and "meditating upon it." How did God bless these people and use them for his kingdom work?
- What do we learn about God from Psalm 1?
- What do we learn about ourselves (mankind) from this passage?
- What actions do you plan to take as a result of this study and discussion?

Close with prayer. Pray specifically that the group can follow through with what God has put on their hearts to do.