Spiritual Discipline: Submission

Ephesians 5:21 (NIV84)

²¹ Submit to one another out of reverence for Christ.

- 1. What exactly is submission and why do you think it is a spiritual discipline?
- 2. Based on this week's memory verse (Eph. 5:21), how is submission connected to being filled with the Spirit?
- 3. What does the bible teach concerning submission in the family (see Ephesians 5:21-6:9; 1 Peter 3:1-9)?
- 4. Look at Philippians 2:1-11, specifically how did Christ submit to us?
- 5. Practicing the discipline of submission can have many different applications for today's Christians. Share some ideas concerning the following possible applications.
 - a. What do you think it would mean to be in submission to the ways of God?
 - b. How can we submit to our political leaders and the government, especially if we don't agree with them or support their positions?
 - c. How can we submit to authority figures in our lives (be specific)?
 - d. How can we submit to someone we have authority over?
 - e. How can we submit to someone with whom we are having conflict?
 - f. How can we submit to our families and close friends?
 - g. How can we submit to total strangers?
- 6. Based on today's discussion and study of the spiritual discipline of submission, what one thing is God prompting you to do this week?